



Studio Dress Code and Allergy Reminder

Please note: Leotards for Ballet or Lyrical are not mandatory to buy from A New DAEI during Summer Classes.

Hip-Hop / Breaking / Afrobeats / Dancehall / Afro-Caribbean / Power Moves for Street Dancers:

- Dancers must wear comfortable clothing that they can move in easily.
- Non-marking indoor shoes must be worn, running shoes/sneakers etc.
- Please bring a change of footwear, particularly in the winter and rainy days.
- Wet shoes are not allowed in the studio by anyone at any time.
- Any inappropriate wardrobe will be asked to be covered or removed.

Jazz / Acro / Contemporary / Lyrical / Jumps, Tricks, Turns / Stretch, Flexibility, & Conditioning / Conditioning:

- Dancers should wear form fitting clothing so that the teacher may easily evaluate and correct form and technique. Example: Tights and bodysuit, leggings, yoga pants, yoga Capri's and tank tops permitted. (Please wear support garments when necessary).
- Jazz shoes, Jazz slippers or barefoot (Acro) may be worn for appropriate classes.
- Foot undies or foot paws are not permitted unless in Contemporary or Lyrical class
- Dancers are not permitted to dance in socks without permission from teachers as they may slip and injure themselves.

Ballet / Lyrical (Fall/Winter/Spring programs): Dancers must wear form fitting clothing so that the teacher may easily evaluate and correct form and technique. I.E. Tights and bodysuit.

- **Toddlers (ages 2-3):** Ballet leotard (bodysuit) can be pink or any colour, no particular style. Ballet Pink or white tights preferred. Ballet skirt and warm up sweaters permitted. Leather Ballet slippers preferred.
- **Primary to Level 4:** Ballet Leotard (bodysuit) is Burgundy/Black Cherry and must be purchased from A New DAEI Dance Academy. Ballet pink or white tights, Ballet skirt and warm up sweaters permitted. Leather Pink Ballet slippers required, (see below for stores to purchase from).
- **Level 5 and above:** Ballet leotard (bodysuit) is Black. Ballet pink or white tights. Ballet skirt and warm up sweaters permitted. Leather Pink Ballet slippers required. ****Canvas shoes permitted only at a teacher's discretion.***

Ballet / Jazz footwear and apparel can be purchased at:

- **A New DAEI Dance Academy (Burgandy leotard, tights. Other items also available)**
- **My Own Design / MOD Boutique** (Brampton)
- **Mirena's Fashion** (Mississauga)
- **InStep Activewear** (Oakville)
- **Dancewear Centre** (Toronto)
- **Amazon.ca or other online stores**
- **Wal-Mart** (clothing only): We do not suggest buying footwear here as canvas shoes are not allowed and are not secure on the feet.

Food & Drink: Water only allowed in studios with students. Food can only be consumed in the front lobby, if not authorized by the studio Head Director or Front Desk. To help maintain a clean environment please take your garbage and dispose of it in the garbage bin outside of the studio.

No gum chewing or candy is permitted in class.

Water bottles are permitted in class with water breaks at the instructor's discretion. **ANY FOOD & SNACK BROUGHT TO THE STUDIO MUST BE NUT FREE & consumed in the Front Lobby. gargabe removed by yourself before you leave please!**